

Schedule for general skaters (not for athletes)

10th Jan. are Free day for skating! (Rental shoes are charged.)

[Attention]

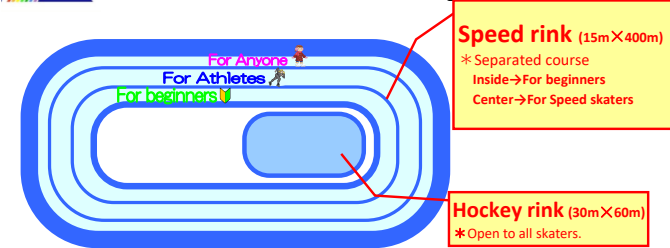
Individuals for whom the following applies are asked to refrain from visiting.

- ✓Temperature screenings will be conducted during admission time, and guests with a temperature of 37.5 degrees Celsius or above, or cold-like symptoms will be asked to refrain from entering.
- ✓Guests who have been in close contact with individuals who have tested positive for the new coronavirus.
- ✓Guests who have family members or close acquaintance who are suspected of being infected.
- ✓Guests who have been to countries or areas that the government has banned entry from, or requires monitoring after entering the country, as well as guests who have been in close contact with residents of the

Request to customers:

Wear a mask. Stay sanitized. Check temperature at entrance. Fill out contact form.

Guidance of skating rink



Clothes

Please wear a knit hat or helmet.
※ Helmets are available free of charge.

Please wear a warm clothes.

Please wear socks.

Please wear gloves.

Charges

	Weekends and Holidays	Weekdays	Rental shoes	Attendant
Adult	1,560 yen	830 yen	620 yen	Free
Child (J.H.S and under)	830 yen	410 yen		

January 2021

※It takes 30 minutes to prepare the speed rink. You cannot skate during that time.

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Speed rink					1 10:00~18:00	2 10:00~18:00	3 10:00~18:00
Ice preparation*					12:00 14:00 16:00	12:00 14:00 16:00	12:00 14:00 16:00
Hockey rink					10:00~18:00	10:00~18:00	10:00~18:00
Speed rink	4 12:30~18:00	5 12:30~18:00	No Public Skating		8 18:00~20:30	9 12:30~18:00	10 Free day for Skating! 10:00~18:00
Ice preparation*	14:00 16:00	14:00 16:00	59th Nagano Pref. Junior High School Speed Skating Meet (6th-7th)		14:30~20:00	14:00 16:00	12:00 14:00 16:00
Hockey rink	10:00~18:00	10:00~18:00			11:00~18:00	11:00~18:00	10:00~18:00
Speed rink	11 12:30~18:00	12 18:00~20:30	13 18:00~20:30	14 18:00~20:30	15 18:00~20:30	16 12:30~18:00	No Public Skating
Ice preparation*	14:00 16:00					14:00 16:00	
Hockey rink	11:00~18:00	15:00~20:30	15:00~20:00	15:00~18:15	15:00~20:00	11:00~18:00	
Speed rink	No Public Skating			No Public Skating			
Ice preparation*				70th Inter High School Meet -Speed Skating- (21stn-24th)			
Hockey rink							
Speed rink	No Public Skating					No Public Skating	
Ice preparation*						41th Inter Junior High School Meet -Speed Skating-(Jan.30th-Feb.2nd)	
Hockey rink							

INFORMATION M-WAVE SKATE CENTER
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