

Skating Calender (For Ordinary, not for Athlete)

18th January, Skating fee is Free! (Rental shoeses fee is required.)

Fee

	Skating		Rental shoes	Guardian (Don't skate)
	Sat. Sun. Holiday	Mon. to Fri.		
JHS graduate or above(over 16)	1,560 JPY	830 JPY	620 JPY	Free
JHS students and below(under 16)	Free	Free		

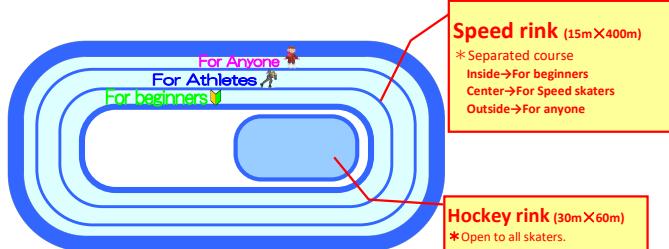
※ JHS students and blow around the world, skating is free at anytime.

January 2026

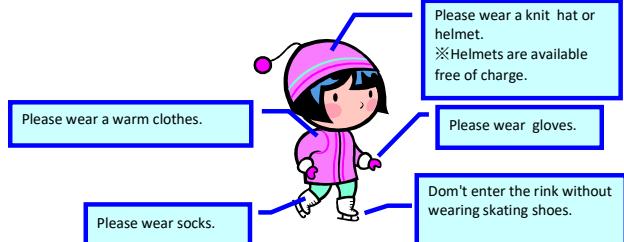
※It takes 30 minutes to repair the rink. That time, can't skating.

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Speed rink				1 10:00~17:00	2 12:30~15:30	3 12:30~15:30	4 10:00~15:30
Rink repairing				12:00 14:30	14:00	14:00	12:00 14:00
Hockey rink				10:00~17:00	10:00~18:00	10:00~18:00	11:00~16:30
	5	6	7	8 12:30~15:30	9 18:15~20:30	10 12:30~15:30	11 12:30~15:30
Speed rink	64th Nagano Pref. Junior High School speed skating competition			14:00		14:00	14:00
Rink repairing				12:00~18:00	12:00~18:00	11:00~17:00	11:00~16:30
Hockey rink							
	12	13	14	15 17:30~20:30	16 17:30~20:30	17 10:00~18:00	18 Free fee day!
Speed rink	12:30~15:30	18:15~20:30	17:30~20:30	17:30~20:30	17:30~20:30	10:00~18:00	10:00~17:00
Rink repairing	14:00					12:00 14:00 16:00	12:00 14:30
Hockey rink	11:00~16:30	14:00~20:00	14:00~20:00	14:00~18:15	14:00~20:00	11:00~16:30	10:00~17:00
	19	20	21	22 17:30~20:30	23 17:30~20:30	24 10:00~18:00	25 10:00~18:00
Speed rink	17:30~20:30	17:30~20:30	17:30~20:30	17:30~20:30	17:30~20:30	10:00~18:00	10:00~18:00
Rink repairing						12:00 14:00 16:00	12:00 14:00 16:00
Hockey rink	14:00~18:15	14:00~20:00	14:00~20:00	14:00~18:15	14:00~20:00	11:00~16:30	11:00~16:30
	26	27	28	29 Closed	30 National junior high school skating tournament	31 Closed	
Speed rink	17:30~20:30	17:30~20:30					
Rink repairing							
Hockey rink	14:00~18:15	14:00~20:00					

Guidance of skating rink



Clothes



Skating and rink repairing times may change, so check the website of us.

As of December 17th, 2025

INFORMATION

M-WAVE SKATING-RINK RECEPTION

PHONE: 026-221-6100

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