

# Skating Calender (For Ordinary, not for Athlete)

**21st · 22nd February, Skating fee is Free! (Rental shoes fee is required.)**



## Fee

	Skating		Rental shoes	Guardian (Don't skate)
	Sat. Sun. Holiday	Mon. to Fri.		
JHS graduate or above(over 16)	1,560 JPY	830 JPY	620 JPY	Free
JHS students and below(under 16)	Free	Free		

**※ JHS students and blow around the world, skating is free at anytime.**



## February 2026

**※It takes 30 minutes to repair the rink. That time, can't skating.**

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Speed rink							1
Rink repairing							
Hockey rink							
	2	3	4	5	6	7	8
Speed rink	National junior high school skating competition			Closed			Nagano Pref. Junior speed skating competition
Rink repairing							
Hockey rink							
	9	10	11	12	13	14	15
Speed rink	Closed				M-wave speed skating competition		
Rink repairing							
Hockey rink							
	16	17	18	19	20	21	22
Speed rink	Closed		18:00~20:30	18:00~20:30	18:00~20:30	Free fee day! 10:00~17:00	Free fee day! 10:00~17:00
Rink repairing						12:00 14:30	12:00 14:30
Hockey rink			14:30~20:00	14:30~18:15	14:30~20:00	10:00~17:00	10:00~17:00
	23	24	25	26	27	28	
Speed rink	10:00~18:00	18:00~20:30	18:00~20:30	18:00~20:30	18:00~20:30	10:00~18:00	
Rink repairing	12:00 14:00 16:00					12:00 14:00 16:00	
Hockey rink	11:00~16:30	14:30~20:00	14:30~20:00	14:30~18:15	14:30~20:00	11:00~16:30	



## Guidance of skating rink



**Speed rink (15m×400m)**

\* Separated course  
Inside→For beginners  
Center→For Speed skaters

**Hockey rink (30m×60m)**

\* Open to all skaters.



## Clothes

- Please wear a warm clothes.
- Please wear a knit hat or helmet. ※Helmets are available
- Please wear gloves.
- Don't enter the rink without wearing skating shoes.
- Please wear socks.

**Skating and rink repairing times may change, so check the website of us.**

As of 18th January, 2026

INFORMATION	<b>M-WAVE SKATING-RINK RECEPTION</b>
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